









Allegany College of Maryland Menu



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Monday 4-Feb		Tuesday 5-Feb		Wednesday 6-Feb	
Thursday 7-Feb		Friday 8-Feb			
	Ham, Egg & Cheese Croissant Oatmeal Bar Yogurt and Fruit Bar Cage Free Eggs Made to Order Omelet Station <small>GF</small> <small>GF</small>	Bacon, Egg & Cheese Bagel Oatmeal Bar Yogurt and Fruit Bar Cage Free Eggs Made to Order Omelet Station <small>GF</small> <small>GF</small>	Sausage, Egg & Cheese Croissant Oatmeal Bar Yogurt and Fruit Bar Cage Free Eggs Made to Order Omelet Station <small>GF</small> <small>GF</small>	Bacon, Egg & Cheese English Muffin Oatmeal Bar Yogurt and Fruit Bar Cage Free Eggs Made to Order Omelet Station <small>GF</small> <small>GF</small>	Ham, Egg & Cheese Bagel Oatmeal Bar Yogurt and Fruit Bar Cage Free Eggs Made to Order Omelet Station <small>GF</small> <small>GF</small>
Daily Menu	Available Daily for Breakfast: Eggs to Order, Made to Order Omelets, Scrambled Eggs, Pancakes, French Toast, Toast, Hashbrowns, Bacon and Sausage				
	Meat Lasagna Italian Seasoned Ground Beef Tender Lasagna Noodles Marinara Sauce Ricotta Cheese Green Beans, Garlic Bread	Loaded Nachos Taco Seasoned Ground Beef Tri-Color Tortilla Chips Lettuce, Cheese, Onion Sour Cream, Salsa	Wing Wednesday 6 Bone In Wings Assorted Sauces Celery Sticks Ranch Or Blue Cheese Dressing	Fried Chicken Breaded Fried Chicken Macaroni & Cheese Collard Greens	Stir Fry-Day General Tso's Chicken Steamed Rice Baby Corn, Peppers & Onions Snow Peas, Water Chestnuts Broccoli, Carrots, Stir Fry Sauce
	Chicken Caesar Wrap	Chicken Caesar Wrap	Chicken Caesar Wrap	Chicken Caesar Wrap	Chicken Caesar Wrap
	Cheese Pizza Big Mac Pizza	Cheese Pizza Chicken Bacon Ranch Pizza	Cheese Pizza Mushroom Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Sausage Pizza
	Available Daily At The Grille: Chicken Tenders, Made To Order Burgers, Hot Dogs, Chicken Sandwiches, Veggie Burgers, Chicken Wings And Sides Such As French Fries, Mozzarella Sticks, Onion Rings And So Much More				
	Boston Clam Chowder	Boston Clam Chowder	Boston Clam Chowder	Boston Clam Chowder	Chef's Choice
	Chicken & Rice Soup	Turkey Chili	Beef Noodle Soup	Minestrone	Chef's Choice
* Contains or May Contain Raw or Undercooked Ingredients. Consuming Raw or Uncooked Meats, Poultry, Seafood, Shellfish or Eggs May Increase Your Risk of Food-Borne Illness.					

GF Denotes Gluten-Free Item

