



Allegany College of Maryland Menu



4					
	Monday 19-Nov	Tuesday 20-Nov	Wednesday 21-Nov	Thursday 22-Nov	Friday 23-Nov
	Bacon, Egg & Cheese Croissant Oatmeal Bar Yogurt and Fruit Bar GF Cage Free Eggs Made to Order GF Omelet Station	Sausage, Egg & Cheese Bagel Oatmeal Bar Yogurt and Fruit Bar GF Cage Free Eggs Made to Order GF Omelet Station	Ham, Egg & Cheese Croissant Oatmeal Bar Yogurt and Fruit Bar GF Cage Free Eggs Made to Order GF Omelet Station	Sausage, Egg & Cheese English Muffin Oatmeal Bar Yogurt and Fruit Bar GF Cage Free Eggs Made to Order GF Omelet Station	Bacon, Egg & Cheese Bagel Oatmeal Bar Yogurt and Fruit Bar GF Cage Free Eggs Made to Order GF Omelet Station
	Chicken & Waffles Two Fried Chicken Tenderloins Buttermilk Waffle Maple Syrup Powdered Sugar Hash Brown Patty	Taco Bowl Fried Tortilla Bowl Taco Seasoned Chicken or Beef Cheddar Cheese, Lettuce, Tomato Corn, Black Olives, Jalapenos Sour Cream, Salsa	Wing Wednesday 8 Bone-In Chicken Wings Spicy Buffalo Sauce, BBQ Sauce Sweet Chili Sauce Ranch or Bleu Cheese Dressing Celery Sticks	Allegany Chicken Bites Bowl Popcorn Chicken Mashed Potatoes Gravy Cheese Corn	Stir Fry-Day Szechuan Shrimp Steamed Rice Grilled Peppers & Onions Broccoli, Carrots Baby Corn, Water Chestnuts
	Chicken Caesar Wrap with Chips or Pretzels	Chicken Caesar Wrap with Chips or Pretzels	Chicken Caesar Wrap with Chips or Pretzels	Chicken Caesar Wrap with Chips or Pretzels	Chicken Caesar Wrap with Chips or Pretzels
	Cheese Pizza Pesto Chicken Pizza	Cheese Pizza Chicken, Bacon, Ranch Pizza	Cheese Pizza BBQ Chicken Pizza	Cheese Pizza Bacon Pizza	Cheese Pizza Hawaiian Pizza
	This Weeks Special: Cowboy Chicken Sandwich w/ French Fries	Available Daily At The Grille: Chicken Tenders, Made To Order Burgers, Hot Dogs, Grilled Chicken Sandwiches, Veggie Burgers And Sides Such As French Fries, Mozzarella Sticks, Onion Rings And So Much More			
	Our soups are changed daily to provide the best variety.				
* Contains or May Contain Raw or Undercooked Ingredients. Consuming Raw or Uncooked Meats, Poultry, Seafood, Shellfish or Eggs May Increase Your Risk of Food-Bourne Illness.					

GF Denotes Gluten-Free Item