



Allegany College of Maryland Menu



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	Monday 12-Nov	Tuesday 13-Nov	Wednesday 14-Nov	Thursday 15-Nov	Friday 16-Nov
	Ham, Egg & Cheese Croissant Oatmeal Bar Yogurt and Fruit Bar Cage Free Eggs Made to Order Omelet Station	Bacon, Egg & Cheese Bagel Oatmeal Bar Yogurt and Fruit Bar Cage Free Eggs Made to Order Omelet Station	Sausage, Egg & Cheese Croissant Oatmeal Bar Yogurt and Fruit Bar Cage Free Eggs Made to Order Omelet Station	Bacon, Egg & Cheese English Muffin Oatmeal Bar Yogurt and Fruit Bar Cage Free Eggs Made to Order Omelet Station	Ham, Egg & Cheese Bagel Oatmeal Bar Yogurt and Fruit Bar Cage Free Eggs Made to Order Omelet Station
	Ⓞ Cobb Salad Grilled Chicken Bleu Cheese, Egg, Bacon Avocado, Tomatoes, Lettuce Mix Balsamic Vinaigrette Pita Points	Vegetable Curry Grilled Mixed Vegetables Curry Sauce Fresh Steamed Rice Pita Points Optional: Add Grilled Chicken	Wing Wednesday 8 Bone-In Chicken Wings Spicy Buffalo Sauce, BBQ Sauce Sweet Chili Sauce Ranch or Bleu Cheese Dressing Celery Sticks	Chicken Monterey Roasted Chicken Breast Tangy BBQ Sauce Crumbled Bacon, Tomatoes Shredded Mixed Cheese Roasted Red Potatoes	Stir Fry-Day Sweet & Sour Pork Steamed Rice Sautéed Peppers & Onions Broccoli, Carrots Baby Corn, Water Chestnuts
	All American Hoagie w/ Chips or Pretzels	All American Hoagie w/ Chips or Pretzels	All American Hoagie w/ Chips or Pretzels	All American Hoagie w/ Chips or Pretzels	All American Hoagie w/ Chips or Pretzels
	Cheese Pizza Greek Pizza	Cheese Pizza Buffalo Chicken Pizza	Cheese Pizza BBQ Chicken Pizza	Cheese Pizza Meat Lover's Pizza	Cheese Pizza Supreme Pizza
	This Weeks Special: Philly Style Cheese Steak with French Fries Available Daily At The Grille: Chicken Tenders, Made To Order Burgers, Hot Dogs, Grilled Chicken Sandwiches, Veggie Burgers And Sides Such As French Fries, Mozzarella Sticks, Onion Rings And So Much More				
	Our soups are changed daily to provide the best variety.				
* Contains or May Contain Raw or Undercooked Ingredients. Consuming Raw or Uncooked Meats, Poultry, Seafood, Shellfish or Eggs May Increase Your Risk of Food-Bourne Illness.					

Ⓞ Denotes Gluten-Free Item