










Allegany College of Maryland Menu



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Monday 21-Jan					
Monday 21-Jan		Tuesday 22-Jan		Wednesday 23-Jan	
Thursday 24-Jan		Friday 25-Jan			
	Ham, Egg & Cheese Croissant Oatmeal Bar Yogurt and Fruit Bar Cage Free Eggs Made to Order Omelet Station	Bacon, Egg & Cheese Bagel Oatmeal Bar Yogurt and Fruit Bar Cage Free Eggs Made to Order Omelet Station	Sausage, Egg & Cheese Croissant Oatmeal Bar Yogurt and Fruit Bar Cage Free Eggs Made to Order Omelet Station	Bacon, Egg & Cheese English Muffin Oatmeal Bar Yogurt and Fruit Bar Cage Free Eggs Made to Order Omelet Station	Ham, Egg & Cheese Bagel Oatmeal Bar Yogurt and Fruit Bar Cage Free Eggs Made to Order Omelet Station
Daily Menu	Available Daily for Breakfast: Eggs to Order, Made to Order Omelets, Scrambled Eggs, Pancakes, French Toast, Toast, Hashbrowns, Bacon and Sausage				
	Italian Monday Baked Ziti Italian Sausage Broccoli Garlic Bread	Chicken Burrito Shredded Seasoned Chicken Flour Tortilla White Rice Black Beans Guacamole	Wing Wednesday 6 Bone In Wings Assorted Sauces Celery Sticks Ranch Or Blue Cheese Dressing	Open Faced Turkey Sandwich Sliced Turkey Breast Texas Toast Housemade Poultry Gravy Steamed Mixed Vegetables	Stir Fry-Day Kung Pao Chicken Or Beef Steamed Rice Baby Corn, Peppers & Onions Snow Peas, Water Chestnuts Broccoli, Carrots, Stir Fry Sauce
	Tuna Salad Croissant	Tuna Salad Croissant	Tuna Salad Croissant	Tuna Salad Croissant	Tuna Salad Croissant
	Cheese Pizza Grilled Vegetable Pizza	Cheese Pizza Chicken Pesto Pizza	Cheese Pizza Chesapeake Shrimp White Pizza	Cheese Pizza Buffalo Chicken Pizza	Cheese Pizza Bacon Cheeseburger Pizza
	Available Daily At The Grille: Chicken Tenders, Made To Order Burgers, Hot Dogs, Chicken Sandwiches, Veggie Burgers, Chicken Wings And Sides Such As French Fries, Mozzarella Sticks, Onion Rings And So Much More				
	Chili	Chili	Chili	Chili	Chef's Choice
	Loaded Potato Soup	Turkey Vegetable Soup	Chicken Noodle Soup	Broccoli & Cheddar Soup	Chef's Choice
* Contains or May Contain Raw or Undercooked Ingredients. Consuming Raw or Uncooked Meats, Poultry, Seafood, Shellfish or Eggs May Increase Your Risk of Food-Borne Illness.					

 Denotes Gluten-Free Item

