










# Allegany College of Maryland Menu



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Monday 3-Dec		Tuesday 4-Dec		Wednesday 5-Dec		Thursday 6-Dec		Friday 7-Dec	
	Ham, Egg & Cheese Croissant Oatmeal Bar Yogurt and Fruit Bar Cage Free Eggs Made to Order Omelet Station	Bacon, Egg & Cheese Bagel Oatmeal Bar Yogurt and Fruit Bar Cage Free Eggs Made to Order Omelet Station	Sausage, Egg & Cheese Croissant Oatmeal Bar Yogurt and Fruit Bar Cage Free Eggs Made to Order Omelet Station	Bacon, Egg & Cheese English Muffin Oatmeal Bar Yogurt and Fruit Bar Cage Free Eggs Made to Order Omelet Station	Ham, Egg & Cheese Bagel Oatmeal Bar Yogurt and Fruit Bar Cage Free Eggs Made to Order Omelet Station				
	<b>Spaghetti &amp; Meatballs</b>  Housemade Marinara Sauce Spaghetti Noodles Housemade Meatballs Garlic Bread	<b>Meatloaf</b>  Savory Meatloaf Fresh Steamed Green Beans Mashed Potatoes Housemade Gravy	<b>Wing Wednesday</b>  8 Bone-In Chicken Wings Spicy Buffalo Sauce, BBQ Sauce Sweet Chili Sauce Ranch or Bleu Cheese Dressing Celery Sticks	<b>Hot Turkey Open Faced Sandwich</b>  Sliced Turkey Breast Over Texas Toast Housemade Poultry Gravy Vegetable "du Jour" Mashed Potatoes	<b>Stir Fry-Day</b>  Chicken or Beef Steamed Rice Baby Corn, Peppers & Onions Snow Peas, Water Chestnuts Broccoli, Carrots, Stir Fry Sauce				
	Chicken Salad Croissant	Chicken Salad Croissant	Chicken Salad Croissant	Chicken Salad Croissant	Chicken Salad Croissant				
	Cheese Pizza Pepperoni Pizza	Cheese Pizza Cheese Steak Pizza	Cheese Pizza Vegetable Pizza	Cheese Pizza Chicken & Broccoli Alfredo Pizza	Cheese Pizza Margherita Pizza				
	This Weeks Special: Italian Deli Panini Melt w/ French Fries And A Fountain Drink Available Daily At The Grille: Chicken Tenders, Made To Order Burgers, Hot Dogs, Grilled Chicken Sandwiches, Veggie Burgers And Sides Such As French Fries, Mozzarella Sticks, Onion Rings And So Much More								
	Our soups are changed daily to provide the best variety.								
* Contains or May Contain Raw or Undercooked Ingredients. Consuming Raw or Uncooked Meats, Poultry, Seafood, Shellfish or Eggs May Increase Your Risk of Food-Borne Illness.									

 Denotes Gluten-Free Item