



Allegany College of Maryland Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
	Whole Eggs Omelet Station Breakfast Sandwich Ham, Egg & Cheese Croissant Pancakes Hashbrowns Sausage Patty Ham Toast Oatmeal Bar Cracked Eggs Bacon	Whole Eggs Omelet Station Breakfast Sandwich Bacon, Egg & Cheese Bagel Pancakes Hashbrowns Sausage Links Ham Toast Oatmeal Bar Cracked Eggs Bacon	Whole Eggs Omelet Station Breakfast Sandwich Sausage, Egg & Cheese Croissant Pancakes Hashbrowns Sausage Patty Ham Toast Oatmeal Bar Cracked Eggs Bacon	Whole Eggs Omelet Station Breakfast Sandwich Ham, Egg & Cheese Bagel Pancakes Hashbrowns Sausage Links Ham Toast Oatmeal Bar Cracked Eggs Bacon	Whole Eggs Omelet Station Breakfast Sandwich Sausage, Egg & Cheese English Muffin Pancakes Hashbrowns Sausage Patty Ham Toast Oatmeal Bar Cracked Eggs Bacon
		Chicken Fajitas Chicken Fajita Meat Blackbean Salsa Rice & Beans Sautéed Peppers & Onions 6" Tortillas Diced Tomatoes Diced Onion Black Olives Medium Salsa Nacho Chips Shredded Lettuce Jalapeno Shredded Cheese Sour Cream Guacamole	Chicken Fajitas Chicken Fajita Meat Blackbean Salsa Rice & Beans Sautéed Peppers & Onions 6" Tortillas Diced Tomatoes Diced Onion Black Olives Medium Salsa Nacho Chips Shredded Lettuce Jalapeno Shredded Cheese Sour Cream Guacamole	Beef taco Taco Beef Refried Beans Corn Salsa Queso Cheese Sauce Corn Taco Shells Diced Tomatoes Diced Onion Black Olives Medium Salsa Nacho Chips Shredded Lettuce Jalapeno Shredded Cheese Sour Cream Guacamole	Beef taco Taco Beef Refried Beans Corn Salsa Queso Cheese Sauce Corn Taco Shells Diced Tomatoes Diced Onion Black Olives Medium Salsa Nacho Chips Shredded Lettuce Jalapeno Shredded Cheese Sour Cream Guacamole
	Tuna Salad Croissant House Made Chips	Tuna Salad Croissant House Made Chips	Tuna Salad Croissant House Made Chips	Tuna Salad Croissant House Made Chips	Tuna Salad Croissant House Made Chips
	Italian Night Baked Ziti Italian Sausage Broccoli Garlic Bread	Chicken Burrito Shredded Chicken White Rice Diced Tomatoes Diced Onion Black Beans Medium Salsa Shredded Lettuce Flour Tortillas Shredded Cheese Sour Cream	Wing Wednesday Bone in Wings Celery Sticks Buffalo Parm Weekly sauce Ranch BBQ Weekly sauce Blue Cheese	Homestyle Meal Sliced Turkey Texas Toast Vegetable Du Jour Turkey Gravy Rolls Butter	Stir Fry-Day Kung Pao Chicken or Beef White rice Baby Corn Onions Water Chestnuts Carrots Peppers Snow Peas Broccoli Stirfry Sauce
		Chicken Caesar Salad Theme Housemade Composed Salad Feature Dressing: Caesar Dressing Feature Proteins: Crispy Chicken Roast Vegetables Roast Chicken	Chicken Caesar Salad Theme Housemade Composed Salad Feature Dressing: Caesar Dressing Feature Proteins: Crispy Chicken Roast Vegetables Roast Chicken	Chicken Caesar Salad Theme Housemade Composed Salad Feature Dressing: Caesar Dressing Feature Proteins: Crispy Chicken Roast Vegetables Roast Chicken	Chicken Caesar Salad Theme Housemade Composed Salad Feature Dressing: Caesar Dressing Feature Proteins: Crispy Chicken Roast Vegetables Roast Chicken
	Daily Special Grilled Rubeen Sandwich w/ French Fries And A Fountain Drink Hamburger Turkey Burger Chicken Tenders Grilled Chicken Fried Fish French Fries Mozzarella Sticks House Chips Sautéed Onion Bacon American Swiss Lettuce Onion	Daily Special Grilled Rubeen Sandwich w/ French Fries And A Fountain Drink Hamburger Turkey Burger Chicken Tenders Grilled Chicken Fried Fish French Fries Mozzarella Sticks House Chips Sautéed Onion Bacon American Swiss Lettuce Onion	Daily Special Grilled Rubeen Sandwich w/ French Fries And A Fountain Drink Hamburger Turkey Burger Chicken Tenders Grilled Chicken Fried Fish French Fries Mozzarella Sticks House Chips Sautéed Onion Bacon American Swiss Lettuce Onion	Daily Special Grilled Rubeen Sandwich w/ French Fries And A Fountain Drink Hamburger Turkey Burger Chicken Tenders Grilled Chicken Fried Fish French Fries Mozzarella Sticks House Chips Sautéed Onion Bacon American Swiss Lettuce Onion	Daily Special Grilled Rubeen Sandwich w/ French Fries And A Fountain Drink Hamburger Turkey Burger Chicken Tenders Grilled Chicken Fried Fish French Fries Mozzarella Sticks House Chips Sautéed Onion Bacon American Swiss Lettuce Onion
		Chili Loaded Potato Soup	Chili Turkey Vegetable Soup	Chili Chicken Noodle Soup	Chili Broccoli & Cheddar Soup

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

Denotes Vegetarian Item

Denotes Vegan Item

Denotes Gluten-Friendly Item