



Allegany College of Maryland Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
	Whole Eggs Omelet Station Breakfast Sandwich Ham, Egg & Cheese Croissant Pancakes Hashbrowns Sausage Patty Ham Toast Oatmeal Bar Cracked Eggs Bacon	Whole Eggs Omelet Station Breakfast Sandwich Bacon, Egg & Cheese Bagel Pancakes Hashbrowns Sausage Links Ham Toast Oatmeal Bar Cracked Eggs Bacon	Whole Eggs Omelet Station Breakfast Sandwich Sausage, Egg & Cheese Croissant Pancakes Hashbrowns Sausage Patty Ham Toast Oatmeal Bar Cracked Eggs Bacon	Whole Eggs Omelet Station Breakfast Sandwich Ham, Egg & Cheese Bagel Pancakes Hashbrowns Sausage Links Ham Toast Oatmeal Bar Cracked Eggs Bacon	Whole Eggs Omelet Station Breakfast Sandwich Sausage, Egg & Cheese English Muffin Pancakes Hashbrowns Sausage Patty Ham Toast Oatmeal Bar Cracked Eggs Bacon
	Cuban Pork Rice Bowl Cuban Pork Cilantro Lime Rice Spiced Pinto Beans Sautéed Peppers & Onions Diced Tomatoes Diced Onion Black Olives Medium Salsa Nacho Chips Shredded Lettuce Jalapeno Shredded Cheese Sour Cream Guacamole	Cuban Pork Rice Bowl Cuban Pork Cilantro Lime Rice Spiced Pinto Beans Sautéed Peppers & Onions Diced Tomatoes Diced Onion Black Olives Medium Salsa Nacho Chips Shredded Lettuce Jalapeno Shredded Cheese Sour Cream Guacamole	Spanish Chicken Rice Bowl Spanish Chicken Spanish Rice Seasoned Black Beans Queso Cheese Sauce Diced Tomatoes Diced Onion Black Olives Medium Salsa Nacho Chips Shredded Lettuce Jalapeno Shredded Cheese Sour Cream Guacamole	Spanish Chicken Rice Bowl Spanish Chicken Spanish Rice Seasoned Black Beans Queso Cheese Sauce Diced Tomatoes Diced Onion Black Olives Medium Salsa Nacho Chips Shredded Lettuce Jalapeno Shredded Cheese Sour Cream Guacamole	Spanish Chicken Rice Bowl Spanish Chicken Spanish Rice Seasoned Black Beans Queso Cheese Sauce Diced Tomatoes Diced Onion Black Olives Medium Salsa Nacho Chips Shredded Lettuce Jalapeno Shredded Cheese Sour Cream Guacamole
	Chicken Salad Croissant House Made Chips	Chicken Salad Croissant House Made Chips	Chicken Salad Croissant House Made Chips	Chicken Salad Croissant House Made Chips	Chicken Salad Croissant House Made Chips
	Spaghetti & Meatballs Meatballs Spaghetti Marinara Sauce Garlic Bread	Taco's Seasoned Taco Beef Taco Shells Diced Tomatoes Diced Onion Black Olives Medium Salsa Shredded Lettuce Jalapeno Shredded Cheese Sour Cream	Wing Wednesday Boneless Wings Celery Sticks Buffalo Parm Weekly sauce Ranch BBQ Weekly sauce Blue Cheese	Homestyle Meal Salisbury Steak Macaroni & Cheese Vegetable Du Jour Rolls Butter	Stir Fry-Day Chicken Stir Fry White rice Baby Corn Onions Water Chestnuts Carrots Peppers Snow Peas Broccoli Stirfry Sauce
	Farmer Salad Theme Housemade Composed Salad Feature Dressing: Spicy Ranch Feature Proteins: Ham Fried Egg Fried Chicken	Farmer Salad Theme Housemade Composed Salad Feature Dressing: Spicy Ranch Feature Proteins: Ham Fried Egg Fried Chicken	Farmer Salad Theme Housemade Composed Salad Feature Dressing: Spicy Ranch Feature Proteins: Ham Fried Egg Fried Chicken	Farmer Salad Theme Housemade Composed Salad Feature Dressing: Spicy Ranch Feature Proteins: Ham Fried Egg Fried Chicken	Farmer Salad Theme Housemade Composed Salad Feature Dressing: Spicy Ranch Feature Proteins: Ham Fried Egg Fried Chicken
	Daily Special Philly Cheesesteak Sandwich w/ French Fries And A Fountain Drink	Daily Special Philly Cheesesteak Sandwich w/ French Fries And A Fountain Drink	Daily Special Philly Cheesesteak Sandwich w/ French Fries And A Fountain Drink	Daily Special Philly Cheesesteak Sandwich w/ French Fries And A Fountain Drink	Daily Special Philly Cheesesteak Sandwich w/ French Fries And A Fountain Drink
	Hamburger Turkey Burger Chicken Tenders Grilled Chicken Fried Fish French Fries Mozzarella Sticks House Chips Sautéed Onion Bacon American Swiss Lettuce Onion Garden Burger Chicken Quesadilla Fried Chicken Hot Dog Onion Rings Tator Tots Cheese Sauce Sautéed Mushrooms Pepper Jack Provolone Cheddar Tomato Pickles	Hamburger Turkey Burger Chicken Tenders Grilled Chicken Fried Fish French Fries Mozzarella Sticks House Chips Sautéed Onion Bacon American Swiss Lettuce Onion Garden Burger Chicken Quesadilla Fried Chicken Hot Dog Onion Rings Tator Tots Cheese Sauce Sautéed Mushrooms Pepper Jack Provolone Cheddar Tomato Pickles	Hamburger Turkey Burger Chicken Tenders Grilled Chicken Fried Fish French Fries Mozzarella Sticks House Chips Sautéed Onion Bacon American Swiss Lettuce Onion Garden Burger Chicken Quesadilla Fried Chicken Hot Dog Onion Rings Tator Tots Cheese Sauce Sautéed Mushrooms Pepper Jack Provolone Cheddar Tomato Pickles	Hamburger Turkey Burger Chicken Tenders Grilled Chicken Fried Fish French Fries Mozzarella Sticks House Chips Sautéed Onion Bacon American Swiss Lettuce Onion Garden Burger Chicken Quesadilla Fried Chicken Hot Dog Onion Rings Tator Tots Cheese Sauce Sautéed Mushrooms Pepper Jack Provolone Cheddar Tomato Pickles	Hamburger Turkey Burger Chicken Tenders Grilled Chicken Fried Fish French Fries Mozzarella Sticks House Chips Sautéed Onion Bacon American Swiss Lettuce Onion Garden Burger Chicken Quesadilla Fried Chicken Hot Dog Onion Rings Tator Tots Cheese Sauce Sautéed Mushrooms Pepper Jack Provolone Cheddar Tomato Pickles
	Cream of Crab Soup Vegetable Soup	Cream of Crab Soup Chicken Noodle Soup	Cream of Crab Soup Turkey Rice Soup	Cream of Crab Soup Ham and Bean Soup	Cream of Crab Soup Chef's Choice

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

Denotes Vegetarian Item

Denotes Vegan Item

Denotes Gluten-Friendly Item